

# 10 Bible Verses About Worry & Anxiety

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Cast your burden on the LORD, and  
He will sustain you; He will never permit  
the righteous to be moved.

*Psalms 55:22*

The steadfast love of the Lord never  
ceases; His mercies never come to an  
end; they are new every morning;  
great is your faithfulness.

*Lamentations 3:22-23*

And He is before all things, and  
in Him all things hold together.

*Colossians 1:17*

And which of you by being anxious can  
add a single hour  
to his span of life?

*Matthew 6:27*

Therefore, do not be anxious about  
tomorrow, for tomorrow will  
be anxious for itself.  
Sufficient for the day is its own trouble.

*Psalms 56:3*

The Lord is at hand. Do not be anxious about  
anything, but in everything by prayer and sup-  
plication with thanksgiving let your requests  
be made known to God.

*Philippians 4:5b-6*

Draw near to God, and  
He will draw near to you.

*James 4:8a*

Rejoice in hope,  
be patient in tribulation,  
be constant in prayer.

*Romans 12:12*

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Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge Him, and He will make straight your paths.

Proverbs 3:5-6

For though we walk in the flesh, we are not waging war according to the flesh. For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ.”

2 Corinthians 10:3-5

